Dust off those holiday lights and get ready for the "Holiday Decorating Contest" Details on back cover!

Fall/Holiday

2024

Town of Sullivan Parks & Recreation Dept. 707 Legion Drive Chittenango, NY 13037 315-687-3471 https://sullivan.recdesk.com

Fishing Derby

Ages 3 to 12 Must Pre-Registeri 9:00 am—11:00 am Deadline is noon on Thursday, September 12.

Saturday, September 14th Sullivan Park Pond



Saturday, October 5th Bridgeport Firehouse #1 10:00 am to 4:00 pm Bridgeport Fire Department

This is a free event hosted by the Bridgeport Fire Dept from 9:00 am to 3:00 pm Over 65 crafters and vendors, chicken BBQ, farmer's market, crafts/ games, fried dough, food, 50-50 raffle and much more!

Any questions or interested in an application for craft show call Julie at 315-551-7053.

Town of Sullivan Parks & Recreation Department

a Message from the Town Supervisor,

It is hard to believe it is already August and the summer is almost behind us.

The Parks and Recreation Dept. has been busy with all different kinds of programs for our youth and adults. They offer a tremendous variety of activities including dance programs, tennis lessons, fitness programs, senior fitness programs, just to mention a few.

We also have a lot of other things going on in our community. The Wild Animal Park on Lakeport Road has been busy, and the construction of a new building called "The Haven" on New Boston Road will be used as a place to have wedding receptions and events.

The Oz Museum has also been busy, and their annual "OZ Parade" was a huge success with thousands of people coming to the "Land of Oz".

The Canal Boat Museum has also been busy this summer with many school trips and The Boat Float Event.

The Chapman Park Summer Concert Program has been a tremendous success this summer with record crowds coming to see Joe Whiting's performance.

"Tuesdays in the Park" at Dr. West Park has been very well attended by music and car enthusiasts. What a great place to see all types of cars, listen to music, and have a quick bite to eat.

If you have not noticed, Lakeport Road and Chestnut Ridge Road look like a million dollars with their new paving by the County. Our Highway Department has also been busy with paving around Creekview Path, Old Route 5 and Robinson Road, Gee Road, and Hitchcock Point Road. Our department does a fantastic job keeping our roads repaired and safe.

Our Fire Departments, EMS Units, and Highway Department have also been extremely busy especially with the events of the tornado in Canastota. It is unfortunate events

like this that can bring a community together and help people Tennis and Pickleball Courts The Tennis and Pickin need.

As you can see, we have had a busy summer with all sorts of things happening. I hope all of you had a chance to join in some of the festivities.

Thomas G. Daviau

Town of Sullivan Supervisor

Chapman Park 1463 Route 31, Bridgeport, NY 13030

Open daily from 9 am to 8 pm. Rest rooms are available. Three pavilions are available by reservation from early May to early October. The dog park includes a large fenced in area divided into two sections where small and large dogs can be free to run safely off leash under the watchful eyes of their owners. Chapman Park is patrolled by the NYS Police and Madison County Sheriff Department. Our facilities are also monitored by our Park Personnel. There are three public tennis courts open during park hours. Leagues and lessons may limit the use of the courts at certain times. Chapman Park has 2 softball fields, a sand volleyball court & 4 soccer fields. Leagues have priority. There is also a one-mile marked walking trail.

Fall 2024

leball Courts at Sullivan and Chapman Parks are now able to be reserved through our website https://sullivan.recdesk.com. The courts can be reserved from noon to 7:00 pm for residents and non -residents Monday-Sunday. 9:00 am to noon is open play for residents. Reservations are limited to a maximum of 2 hours on 2 courts on any given day and can be reserved up to 1 week in advance. The 3rd court will be left available for walk in resident play.

Sullivan Park 319 Lake Street, Chittenango, NY 13037

Open daily from 9 am until 8 pm. Rest rooms are available. Three pavilions are available by reservation from early May to early October. A Disc Golf Course is open during park hours. Sullivan Park is patrolled on a regular basis by the Chittenango Village Police, NYS Police and the Madison County Sheriff Department. There are two bocce courts and three public tennis courts open during park hours. Leagues and lessons may limit the use of the courts at certain times. Sullivan Park also has a softball field and sand volleyball court in which leagues have priority, as well as, numerous marked Healthy Heart walking trails.

Town of Sullivan

Town Council

Tom Daviau, Town Supervisor tdaviau@townofsullivan.org Phone: 315-687-9190 Dan Gibbons, Councilman dgibbons@townofsullivan.org Jeff Martin, Councilman jmartin@townofsullivan.org Dave Montroy, Councilman dmontroy@townofsullivan.org Kerry Ranger, Councilman kranger@townofsullivan.org

The Sullivan Town Council meets the 1st Wednesday of each month at 7:00 pm and the 3rd Wednesday of each month at 9:00 am.

Town Justice

Hon. John D. Button Phone: 315-687-3347 *Hon. Scott Bielicki* Phone: 315-510-3674

Leisure Time Club

Margaret Button President Alice Vreeland Treasurer Melody Foster **Recording Secretary** Anne LeMessurier Corresponding Secretary Mary Beeman Bill Bellotti Geri Bellotti Nancy Bishop Vicki Cain John Daviau Midge Daviau Sharon Runkowski Virginia True Claire Tucciarone Jean Jackson Honorary Member **Caroline Button** Honorary Member

Town Departments

Animal Control Officer, Kim Muehlenbein, Office: 315-687-7308 Cell: 315-289-9301 Email: kmuehlenbein@ townofsullivan.org Assessor, Tanya Pifer, Phone: 315-687-7222 Email: tpifer@townofsullivan.org Building Administrator, Larry Ball, Phone: 315-687-5251 Email: Iball@townofsullivan.org Comptroller, Eric Tedford, Phone: 315-687-9190 Email: etedford@townofsullivan.org Fire Inspector, Bill Pindle, Phone: 315-633-9333 Highway Superintendent, Andrew Busa, Phone: 315-687-6031 Email: abusa@toshighway.org Parks & Recreation Dept., Phone 315-687-3471 Website: https://Sullivan.recdesk.com Lori Davies, Email: Idavies@tosparks.org Senior Program Director, Robin McCombie, Email: rstiles@tosparks.org Recreation Supervisor, Chris Lowe, Email: clowe@tosparks.org Administrative Assistant, Lisa Keller, Email: Ikeller@tosparks.org Park Superintendent, Lou LaPlante, Email: llaplante@tosparks.org Park Foreman, John Mantell, Email: jmantell@tosparks.org Planning Board, Clerk-Rose Park, The Planning Board meets the 1st Tuesday of every month. Town Clerk, Amy Bettinger-Wells, Phone: 315-687-7221 Email: abettinger@townofsullivan.org Zoning Board Clerk, Jeri Lee Rowlingson, Phone: 315-687-5251 Email: jrowlingson@townofsullivan.org, The Zoning Board meets the second Thursday of the month at 7:00 pm at the Town Office Building. Town Historian, Mike Beardsley, Phone: 315-345-5094 Email: casketeer@aol.com

SCC Board

Tina-Marie Stanton, President Meggie New-Schober, Vice-President Kelly Bovi, Secretary John Daviau, Treasurer Dan Beal John Bonura Jennifer K Carr Gina Eastman Manuel Lamas, II Ginny Marasco Ian Nastri Jason Thomas Scott Titus Dr. Kristy Lee Parkin Hannah Stiles, Student

Park Board

Renee Rudd, Chairman Jason Clark Mark Davies Kim Guignard Wayne Horning Dick Matthews Melissa Stanek Scott Titus Jeff Martin, Liaison



Fall 2024

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Youth Hiking Club with the Cub Scouts

DAYS: Saturdays

LOCATIONS: 9/21 @ Chittenango Falls State Park, 10/19 @ Oxbow Falls Madison County Park, 11/16 @ Green Lakes State Park, 12/14 @ Great Swamp Conservancy AGES: 5 and 6 years must have parent

accompany them

7 to 10 with or without a parent TIME: 9:00 am meet at park location

FEE: \$5.00 per child

DETAILS: Join the Chittenango Cub Scouts for a short local hike and learn more about the local animals, bugs, birds and trees. The hikes are between 1 and 3 miles and will occur in all safe weather (no lightning, no sub zero wind chill). Participants must wear weather appropriate clothing and have a way to carry their own drinking water. For more information please email <u>hiking@chittenangoscouts.org</u>

Bolivar Basketball Afterschool Program

DATES: Mondays at Bolivar School Gym September 30 to October 28 LOCATION: Bolivar Elementary School NOTE: No basketball on October 14—will meet on Thursday October 17 that week. CLASS SIZE: Minimum 8, Maximum 15 AGES: Grades 3 and 4 TIMES: 3:15 to 4:15 pm

EARLY BIRD FEE: \$45.00

Fee after September 16 add \$10.00 DEADLINE: September 26 at noon DETAILS: Join Coach Manny Lamas for this afterschool basketball clinic. Learn team concepts for the first 15 minutes, and then apply those in 5-on-5 coach lead scrimmages. Manny has experience coaching at the varsity/AAU level down to beginners. Teams will be shuffled each week for competition. Parent pick up is 4:15 pm sharp.

Bolivar Afterschool Miori Martial Arts

DATES: Tuesdays,

October 1 to November 5 LOCATION: Bolivar School Cafeteria CLASS SIZE: Minimum 10, Maximum 40 AGES: Grades K thru 4 TIME: 3:15 to 4:00 pm **Uniform Deadline September 13 FEE: \$59.00 NOTE: Deduct \$10.00 if you have the official Miori Martial Arts uniform.** DEADLINE: September 27 at noon

Bridgeport Afterschool Miori Martial Arts

DATES: Tuesdays,

October 1 to November 5 LOCATION: Bridgeport School Gym CLASS SIZE: Minimum 10, Maximum 40 AGES: Grades K thru 4 TIME: 3:15 to 4:00 pm Uniform Deadline September 13 FEE: \$59.00 NOTE: Deduct \$10.00 if you have the official Miori Martial Arts uniform. DEADLINE: September 27 at noon

DETAILS: Kick into ACTION!!! This program is designed to help build your child in all aspects of their lives. Each class is taught with positive reinforcement and they are a ton of fun! This introductory program is designed for beginners, and participants will earn their white belt during the course. All programs are taught by certified Black Belts and overseen by Master instructors. Parent pickup at 4:00 pm sharp.

Girls Basketball Jr. League

DATES: Tuesdays and Thursdays, October 1 to December 19 LOCATION: Lake Street Gym AGES: 3rd through 5th grade TIME: Between 6:00 and 8:30 pm (Times vary based on schedule) EARLY BIRD FEE: \$55.00 (residents) \$65.00 (non-residents)

Fee after September 20 add \$10.00 DEADLINE: September 30 at noon

Girls Basketball Sr. League

DATES: Mondays and Wednesdays, October 2 to December 18 LOCATION: Lake Street Gym AGES: 6th through 8th grade TIME: Between 6:00 and 9:00 pm (Times vary based on schedule) EARLY BIRD FEE: \$55.00 (residents) \$65.00 (non-residents) Fee after September 20 add \$10.00 DEADLINE: September 30 at noon

DETAILS: This league will meet for several weeks for skills acquisition/scrimmages. By the end of October we will have a coaches draft, splitting up teams, and beginning league practices/games, which will continue until December break.

NOTES: Any registration received after noon on September 30 will be added to a wait list and if space allows, will be added to the league in the order received. Coaches will be needed for this league!

BASKETBALL PROGRAMS DISCOUNTED FAMILY RATE!

Family rate (resident)—2 children \$95.00

Family rate (non-resident) - 2 children \$105.00—3 children or more add \$35.00 per child to family rate THIS RATE APPLIES TO MUNCHKIN, YOUTH GIRLS, BOYS JR. & SR. & WIZARD LEAGUES ONLY! Family rate must mail registration or register at the Parks & Recreation Dept.

Bolivar Afterschool

<u>Kid's Zumba</u>

SESSION 1: Wednesdays, October 2 to 23 Fee after September 23 add \$10.00 DEADLINE: September 30 at noon SESSION 2: Wednesdays, November 6 to December 4 NOTE: No class on November 27 Fee after October 27 add \$10.00 DEADLINE: November 4 at noon LOCATION: Bolivar Elementary AGES: Boys & Girls ages 4 to 11 TIMES: 3:15 to 4:15 pm CLASS SIZE: Minimum 12, Maximum 30 EARLY BIRD FEE: \$40.00

Bridgeport Afterschool

<u>Kid's Zumba</u>

SESSION 1: Thursdays, October 3 to 24 Fee after September 23 add \$10.00 DEADLINE: October 1 at noon SESSION 2: Thursdays,

November 7 to December 5 NOTE: No class on November 28 Fee after October 25 add \$10.00 DEADLINE: November 5 at noon LOCATION: Bridgeport Elementary AGES: Boys & Girls ages 4 to 11 TIMES: 3:15 to 4:15 pm CLASS SIZE: Minimum 12, Maximum 30 EARLY BIRD FEE: \$40.00

DETAILS: Kid's Zumba is a rockin', high-energy fitness-party packed with specially choreographed, kid friendly routines and all the music kids love. Parents love Zumba Kids too because of the effect it has on the kids. It increases their focus and self-confidence, boosts metabolism and enhanced coordination. Parent pick up is 4:15 pm sharp. Instructor is Beth Zecher and her staff. Dress your kids in breathable clothing, sneakers, and send them with a bottle of water or juice and a healthy snack.

Kindness Club

DATES: Wednesdays, October 2 to November 20 NOTE: No class on October 30, will be on October 29 that week. LOCATION: Bridgeport School Cafeteria AGES: Grades 2 thru 4 TIME: 3:15 to 4:15 pm CLASS SIZE: Minimum 20, Maximum 40 **EARLY BIRD FEE: \$50.00** Fee after September 10: Add \$10.00 DEADLINE: September 20 at noon DETAILS: Calling all 2nd, 3rd and 4th grade

KIND KIDS of Bridgeport Elementary! Kindness

Haunted House Kids Class

DATES: Saturday, October 5 LOCATION: Painted Goose 160 Canal Street, Canastota CLASS SIZE: Maximum 10 AGES: 7 and up TIME: 10:00 to 12:00 pm FEE: \$30.00 DEADLINE: October 2 at noon DETAILS: Join Lisa Mahon of The Painted Goose. She will take you step by step to create this fun spooky holiday painting!

club is a great way to connect with friends, be creative, develop skills, create a positive school environment and spread kindness. Students will engage in fun games, activities, and projects that will bring joy to themselves and those around them. Instructors are Mrs. Diglio and Ms. Mohorter. Parents/guardians are responsible for picking up their children promptly at 4:15 at the front doors.

Bridgeport Basketball Afterschool Program

DATES: Wednesdays,

October 2 to November 6 LOCATION: Bridgeport Elementary School NOTE: **No basketball on October 30** CLASS SIZE: Minimum 8, Maximum 15

AGES: Grades 3 and 4

TIMES: 3:15 to 4:15 pm

EARLY BIRD FEE: \$45.00

Fee after September 16 add \$10.00 DEADLINE: September 26 at noon DETAILS: Join Coach Manny Lamas for this afterschool basketball clinic. Learn team concepts for the first 15 minutes, and then apply those in those in 5-on-5 coach lead scrimmages. Manny has experience coaching at the varsity/AAU level down to beginners. Teams will be shuffled each week for competition. Parent pick up is 4:15 pm sharp.

Start Smart Basketball

DATES: Saturdays,

October 5 to November 9 LOCATION: Bolivar Gym CLASS SIZE: Maximum 15 AGES: 4 to 5 years old entering K TIME: 11:00 am to 12:00 pm

EARLY BIRD FEE: \$80.00 (residents) \$90.00 (non-residents)

Fee after September 23 add \$10.00 DEADLINE: October 3 at noon or full DETAILS: Fundamentals and proper techniques will be taught. Participants will be able to keep their equipment at the end of the class so they can continue working on their skills. Instructor is Shimel McDonell.

IMPORTANT NOTES: This is a parent-child based class. All participants MUST have an adult present to take part in the class.

Superstar Kickball

Grades 3 & 4

DATES: Tuesdays,

October 8 to November 19 LOCATION: Bolivar Road Elementary School AGES: 3rd and 4h Grade TIME: 3:15 to 4:00 pm EARLY BIRD FEE: \$50.00 Fee after September 25 add \$10.00

DEADLINE: October 4 at noon

DETAILS: Join the Superstar Kickball Club at Bolivar being offered after school from 3:15 pm until 4:00 pm. Mr. Gushea and Ms. Delong will work with students to learn the basic rules of kickball and encourage good sportsmanship. Parents pick up is at 4:00 pm sharp! A t-shirt is included.

Superstar Kickball

Grades 1 & 2

DATES: Wednesdays,

October 9 to November 20 LOCATION: Bolivar Road Elementary School AGES: 1st and 2nd Grade

TIME: 3:15 to 4:00 pm

EARLY BIRD FEE: \$50.00

Fee after September 25 add \$10.00 DEADLINE: October 4 at noon

DETAILS: Join the Superstar Kickball Club at Bolivar being offered after school from 3:15 pm until 4:00 pm. Mr. Gushea and Ms. Delong will work with students to learn the basic rules of kickball and encourage good sportsmanship. Parents pick up is at 4:00 pm sharp! A t-shirt is included.

Toddler Time

DATES: Starting Thursday, October 10 2nd & 4th Thursdays of each month LOCATION: Parks & Recreation Dept. AGES: 5 and under TIME: 10:00 am to 12:00 pm

FEE: Free

DETAIL: Simply show up for fun on Thursdays and we will provide large foam blocks, indoor play equipment and crafts on a weekly basis. Staff will not be provided for this program, a caregiver needs to be present at all times. There is no registration required for the program, just show up!

Dance Bridgeport Elementary

DATES: Mondays, starting on October 21 LOCATION: Bridgeport School Cafeteria AGES: 3 years old (Pre-K) to 4th grade Tap—K-4th Grade (3:15 to 3:45) Ballet—K-4th Grade (3:15 to 3:45) Jazz—K-4th Grade (3:45 to 4:15) Hip Hop—4th Grade (3:45 to 4:15) Ribbon—2nd-4th Grade (4:15 to 4:45) Creative Dance—Pre-K (4:15 to 4:45) Baton—2nd-5th Grade (4:45 to 5:15)

CLASS SIZE: Minimum of 3-participants

EARLY BIRD FEE: \$195.00 1st child and \$170.00 for additional child or style of dance.

Fee after September 26 add \$10.00 DEADLINE: October 7 at noon



Bolivar Road School Dance

DATES: Thursdays, starting on October 24 LOCATION: Bolivar School Cafeteria AGES: 3 years old (Pre-K) to 5th grade Tap—K-5th Grade (3:15 to 3:45) Ballet—K-4th Grade (3:15 to 3:45) Jazz—K-4th Grade (3:45 to 4:15) Hip Hop—4th Grade (3:45 to 4:15) Ribbon—2nd-4th Grade (4:15 to 4:45) Creative Dance—Pre-K(4:15 to 4:45) Baton—2nd-4th Grade (4:45 to 5:15)

DETAILS: This program will teach the basic steps of dance with a routine choreographed specifically for the class ability level. The class times will be finalized after the final registration date. Costumes are included in the registration fee. Shoes, batons and ribbons are an extra fee. **There is after-school care** for those wishing to take a class that is not right after school, so parents can just pick up their child after the class. (Please reach out if you would be interested in becoming a parent volunteer.) Schedule of dances subject to change based on registration numbers. This program will be run by Syracuse Dance Factory. Rehearsal for recital is tentatively on Tuesday, March 18. Recital date is tentatively Friday, March 21. Both are at the Crossroads Community Church.

(4:15 to 4:45) (4:45 to 5:15)

Munchkin League Basketball

DATES: Monday, October 21 to Saturday, December 14 LOCATION: Bridgeport and Bolivar School Gyms CLASS SIZE: Maximum 48 participants AGES: Grades 1 through 2 TIME: Mondays/Wednesdays 6:00 to 7:00 pm or 7:00 to 8:00 pm

and Saturdays 12:00 to 2:30 pm (Times vary according to schedule)

EARLY BIRD FEE: \$55.00 (residents) \$65.00 (non-residents)

Fee after October 11 add \$10.00

DEADLINE: October 18 at noon

DETAILS: All teams will be selected randomly and will be equally distributed according to grade and gender. This program is a coeducational program that focuses on teaching the fundamentals of the sport and re-enforcing it while playing "games" in a friendly atmosphere. This program is designed to help prepare the participants to move up to the Girls and Boys Junior League programs. Coaches must attend a coaches meeting on October 18 at 6:00 pm at the Parks & Rec. Building to receive their team and coaching information. First practice will be on October 21. Coaches will contact players with practice time. NOTE: Any registration received after October 18 will be added to a wait list and if space allows, will be added to program. Family pricing info on page 3.

Lake St. Saturdays Basketball Camp

DATES: Saturdays,

November 2 to December 14 LOCATION: Lake Street Gym NOTE: **No meeting November 30** CLASS SIZE: Minimum 5, Maximum 20 AGES: Co-Ed Grades 3 and 4 TIMES: 8:00 to 9:00 am AGES: Co-Ed Grades 5, 6 & 7 TIMES: 9:00 to 10:00 am EARLY BIRD FEE: \$50.00 (residents) \$60.00 (non-residents)

Fee after October 22 add \$10.00 DEADLINE: November 1 at noon DETAILS: Join Coach Manny Lamas for this Saturday basketball clinic. Separate sessions for each age group. Learn team concepts for the first 15 minutes, , and then apply those in 5-on-5 coach lead scrimmages. Manny has experience coaching at the varsity/AAU level down to beginners. Teams will be shuffled each week for competition.

Fall Family Pie-Fest

DATE: Friday, November 8 LOCATION: Parks & Recreation Kitchen AGES: 8 to 12 TIME: 5:30 to 7:00 pm EARLY BIRD FEE: \$70.00 (residents) \$80.00 (non-residents) Fee after October 25 add \$10.00 DEADLINE: November 6 at noon DETAILS: Join Angela Voelk for a

delightful baking class designed for kids and adults! We'll make delectable small apple pies, a guaranteed hit for chefs of all ages. With a no-roll pastry crust that's easy for kids to handle and a mouthwatering apple pie filling, you'll create fun memories and a delicious dessert as you work together to make apple pies from scratch. Each child must be accompanied by at least one guardian. The pies won't be baked in class, but you'll leave with instructions on how to bake them at home or freeze them for later (maybe for Thanksgiving!). Every participant will make one pie. Price is per family not participant.

Healthy Halloween

Snack Tray

DATE: Friday, October 25 LOCATION: Parks & Recreation Kitchen AGES: 8 to 12 TIME: 5:30 to 7:00 pm EARLY BIRD FEE: \$45.00 (residents)

\$55.00 (non-residents)

Fee after October 13 add \$10.00 DEADLINE: October 23 at noon DETAILS: Join Angela Voelk for a spooktacular Halloween snack tray cooking class! Kids will learn to make a fun and festive snack tray perfect for Halloween parties or a fun lunch at home. The tray will feature Energy Ball Spiders, Banana Ghosts, Clementine Pumpkins, Mini Pepper Monsters, Carrot Ghosts, Cucumber Skeletons, and homemade hummus. It's a fun project that everyone will love! Every participant will leave class with one Halloween Snack Tray.

NYS Snowmobile Safety

<u>Class</u>

DATE: Saturday, November 30 TIME: 8:00 am to 4:00 pm LOCATION: Parks & Rec. Legion Room AGES: 10 to 18 years old (MUST be 10 day of class)

FEE: Free

REGISTRATION INFO: Thru NYS website. Link is under program information for NYS Snowmobile Safety Class on our website. DEADLINE: November 29 at noon or until full.

CLASS SIZE: Minimum 15, Maximum 30 DETAILS: This 8-hour course will teach NYS regulations and safety tips. Completion will allow youth to operate a snowmobile in NYS with a score of 75% or better on the test. Instructor is Joe Gaiser. Bring a Lunch!

Fall 2024

Wooden Ornament

Kids Class

DATE: Monday, December 2 LOCATION: Painted Goose 160 Canal Street, Canastota AGES: 7 and up TIME: 6:00 to 7:00 pm FEE: \$20.00 DEADLINE: November 26 at noon DETAILS: Join Lisa Mahon and create ONE ornament and assemble the wooden parts.

You can choose reindeer or snowman!

Reminder...

When the Chittenango School District cancels after-school activities, the Town of Sullivan Parks & Recreation Department's Programs are also cancelled.

Festive Christmas Bark

DATE: Friday, December 13 LOCATION: Parks & Recreation Kitchen AGES: 8 to 12 TIME: 5:30 to 7:00 pm EARLY BIRD FEE: \$45.00 (residents) \$55.00 (non-residents)

Fee after November 29 add \$10.00 DEADLINE: December 11 at noon DETAILS: Join Angela Voelk for a festive baking class for kids where we'll be making three delicious kinds of Christmas bark! Your child will have a blast creating Peppermint Bark, Gingerbread Bark, and Graham Cracker Bark. They'll also get to personalize their barks with a variety of fun and tasty toppings. In addition to baking, we'll be playing some exciting Christmas games to add to the holiday fun. This class is perfect for getting into the holiday spirit and creating delightful treats to share with family and friends! Kids will leave this class with enough Christmas Bark to share or gift.

Bear Club Wrestling

Grades K thru 2

DATES: Tuesday, December 3 to March 4 LOCATION: Chittenango Middle School Small Gym TIMES: Tuesdays 6:00 to 7:15 pm and some Saturdays 9:30 to 10:45 am

EARLY BIRD FEE: \$50.00 (residents) \$60.00(non-residents)

\$20.00 discount for each additional child Fee after November 22 add \$10.00 DEADLINE: December 2 at noon or until full CLASS SIZE: Minimum 15, Maximum 40

Bear Club Wrestling Grades 3 thru 6

DATES: Tuesday, December 3 to Thursday March 6 LOCATION: Chittenango Middle School Small Gym TIMES: Tuesdays & Thursdays 6:00 to 7:15 pm and some Saturdays 9:30 to 10:45 am EARLY BIRD FEE: \$75.00 (residents) \$85.00 (non-residents)

DETAILS: Wrestlers will have fun learning the basics of the sport, participating in basic technique, flexibility, strength, conditioning activities and games. There will be opportunities to participate in competitions. Wrestlers will receive a t-shirt. Contact the Parks and Rec Dept if interested in coaching.

Have a Letter for Santa?

Santa's Mail Box will be located at Sullivan Park Starting Friday, November 22nd thru Christmas! in the small pavilion located next to the tennis courts.

Drop your letter off early so Santa and his elves have time to write back!

If you prefer to mail—Send letters to Santa "Santa" at 707 Legion Drive, Chittenango!

Make sure to include your return address!



Boys Sr. Basketball League

DATES: Mondays and Wednesdays January 8 to April 2 LOCATION: Lake Street Gym AGES: 5th to 6th grade TIME: 7:00 to 8:00 or 8:00 to 9:00 pm (Times vary according to schedule) EARLY BIRD FEE: \$55.00 (residents)

\$65.00 (non-residents)

Fee after December 27 add \$10.00 DEADLINE: January 7 at noon DETAILS: A mandatory skills evaluation for all players will be held Wednesday, January 8 at Lake Street Gym from 7:00 to 8:00 pm. Players will be later drafted onto teams by coaches and all communication will come from coaches.

Boys Jr. Basketball League

DATES: Tuesdays and Thursdays January 9 thru April 3 LOCATION: Lake Street Gym AGES: 3rd to 4th grade TIME: 6:30 to 7:30 or 7:30 to 8:30 pm (Times vary according to schedule) EARLY BIRD FEE: \$55.00 (residents)

\$65.00 (non-residents)

Fee after December 27 add \$10.00 DEADLINE: January 7 at noon DETAILS: A mandatory skills evaluation for all players will be held on Thursday, January 9 at Lake Street Gym from 6:30 to 7:30 pm. Players will be later drafted onto teams by coaches and all communication will come from coaches.

NOTE: Any registration received after noon on January 7 will be added to a wait list and if space allows, will be added to a team in the order received.

Coaches will be needed for these leagues! The draft for coaches to pick teams will be held Friday, January 10th. Senior League will be at 6:00 pm and Jr. League will be held at 7:00 pm at the Parks and Recreation Dept. Legion Room.

BASKETBALL PROGRAMS DISCOUNTED FAMILY RATE!

Family rate (resident)-2 children \$95.00

Family rate (non-resident) - 2 children \$105.00—3 children or more add \$35.00 per child to family rate THIS RATE APPLIES TO MUNCHKIN, GIRLS AND YOUTH BOYS JR. & SR. & WIZARD LEAGUES ONLY! Family rate must mail registration or register at the Parks & Recreation Dept.

Attention: Feedback Wanted

We're looking to get input on getting together an event for Mothers/Sons, that mirrors the one we offer for Fathers/Daughters.



Search Mother on our Recdesk page, and answer some questions if you would be interested in such an event.

Thanks, Town of Sullivan Parks හ Rec

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<u>Boys Youth Basketball</u> Wizard League

DATES: Saturdays, February 1 to March 29 LOCATION: Lake Street Gym AGES: 7th to 8th grade TIME: 9:00 to 10:00 am/10:00 to 11:00 am (Times vary according to schedule) EARLY BIRD FEE: \$55.00 (residents)

\$65.00 (non-residents)

Fee after January 21 add \$10.00 DEADLINE: January 31 at noon

DETAILS: Will consist of learning team concepts and applying those skills to coach lead scrimmages. Players will be scrambled on teams for competition throughout the program. Each player will receive a two sided uniform. Lead instructor is Manny Lamas. If interested in assisting, indicate at signup.

Have a NEW Program Idea?

We are always looking for new types of programs to service the wants and needs of our community.

If there is any type of program that is not offered, and you have skill/interest in running...let us know and we can explore the options together.

> Email clowe@tosparks.org with your ideas.



Upcoming Winter Programs

Sullivan Park Cross Country Skiing & Snowshoeing

DATES: Saturdays & Sundays Mid December 2024 through March 2025 CONDITIONS & WEATHER PERMITTING TIMES: 11:00 am to 4:00 pm

Last sign out is 3:00 pm each day. LOCATION: Sullivan Park, Chittenango AGES: All ages (Under 10 must be accompanied by an adult)

FEE: Free!

REGISTRATION: Ongoing on site.

DETAILS: The Town of Sullivan Parks & Recreation Dept. has skis and snow shoes which are available for use in the park, weather and conditions permitting. Groups may call in advance to reserve a date for an outing. Equipment must be used in the park. Please bring a license to check out equipment.

<u>New Year's</u>

Fun Run and Walk

DATE: Wednesday, January 1 TIME: 9:25 am LOCATION: Meet at Chittenango Landing

Canal Boat Museum

FEE: Free! Please bring a donation or food item to benefit the

Sullivan Food Cupboard. DETAILS: The distance options will be 1, 3 or 5 miles. This will be a FUN run/walk. with a chance



to kick the New Year off right. We will attempt to use either the former Yellow Brick Road Run course or a combination of the Erie Canal towpath and the village neighborhood trails and new Creek Walk. Refreshments and door prizes following will be provided by local establishments.

Sullivan Family Tubing at Four Seasons

DATE: Friday, December 27 TIMES: 5:00 to 8:00 pm LOCATION: Four Seasons Ski Center **FEE: \$25.00 per person** DEADLINE: December 26 at noon DETAILS: Everything is supplied, tubes & lift tickets are included. Advance registration only through the Parks & Recreation office.



Learn to Ski or Snowboard

<u>6-WEEK PROGRAM</u> SESSION 1: Saturdays, January 4 to February 8 SESSION 2: Sundays, January 5 to February 9

FEE: \$200.00

PARENT PASS FEE: \$155.00

NOTE: Fee does not include rentals.

TIMES: 10:00, 11:30 am, 1:00, or 2:15 pm DEADLINE: January 3 at noon or until full LOCATION: Four Seasons Ski Center AGES: 7 and up

DETAILS: Fee includes a season pass for day of lesson and four or six weeks of 1hour downhill skiing or snowboarding instruction. Lessons must be taken on the same day each week.

<u>Christmas Ski &</u> Snowboard Camp

Fall 2024

DATES: December 30, 31, January 2 & 3 TIMES: 9:30 am to 12:00 pm **or** 1:00 to 3:30 pm LOCATION: Four Seasons Ski Center AGES: 7 and older

FEE: \$280 for each session or

\$455 for both (contact office) REGISTRATION: Parks & Rec. Office DEADLINE: December 27 at noon. DETAILS: Ski and Snowboard equipment included with fee. Lunch not included. No refunds or substitutions.

Middle/High School Ski Club

DATES: Saturdays,

January 11 to February 15 LOCATION: Labrador Mountain, Truxton AGES: 6th grade through 12th grade TIMES: 2:45 to 9:00 pm Fee: Passes \$199.00 Meal Plan \$90.72 Equipment Rental \$155.52 (optional) Helmet rental \$58.32 (optional)

Checks payable to Labrador Mountain *Bus Transportation \$90.00*

Checks payable to SCC

FINAL CLUB REGISTATION DEADLINE: November 14 or until bus is full.

High School Meeting—October 16 Middle School Meeting - October 30

DETAILS: Club format featuring 6 weeks in either downhill ski or snowboard program with transportation and adult supervision provided. Cost includes school bus transportation, four downhill lessons and a Labrador Mountain ski pass good on Saturday Nights for the entire ski season. Rentals are for the six weeks of the program. All skiers must provide a recent photo for the ski pass.

Adult Fitness Programs

"Unlimited" Fitness Classes

Take a full, unlimited, month of fitness classes. ALL SESSIONS RUN MONTHLY!

Classes for this program are Monday thru Thursday evenings and Saturday mornings. The monthly schedule will be posted at the beginning of each month on our website at http://sullivan.recdesk.com or facebook@chittenangofitness and can include any combination of the following classes. The class descriptions are listed below. New classes could be added each month.

Targeted — Targeted workout is a 30-minute workout working on specific body parts achieving better results.

Soul Kickboxing — A cardio fusion class that blends punching and kicking sequences with touches of yoga, mobility and balance work—all set to crazy fun music. No prior experience needed.

LIFT — Get stronger in this 30 minute all weight-training class.

<u>Hip-Hop Step</u>— Step aerobics is a classic cardio workout. It's lasted for decades for a simple reason: It delivers results. The "step" is a 4" to 12" raised platform. You step up, around, and down from the platform in different patterns to boost your heart rate and breathing, and strengthen your muscles, and have fun doing it!

PIYO-PIYO is a mixture of the muscle-sculpting, core-firming benefits of Pilates and the flexibility advantages of yoga.

<u>PM Cardio Dance</u> This class is for anyone who wants to express themselves through dance and work up a sweat with great music and user friendly choreography.

Pound – Pound is a full-body cardio workout using drum sticks and rocking music.

Yoga—This class is a wonderful end to your day, combining gentile movement with restorative. Relaxing poses to calm the nerves and prepare your body for bed and a good night's sleep.

Boot Camp—Combination of cardio and strength training.

NOTE: Forever Fit and Morning Cardio and Morning Boot Camp are NOT included in the Unlimited Fitness Program.

All classes are held at the Parks & Recreation Dept. PLEASE CHECK WEBSITE HTTPS://SULLIVAN.RECDESK.COM FOR MONTHLY SCHEDULE!

Like us on Facebook at www.facebook.com/SullivanRecreatIon and ChittenangoFitness to receive updates!

Questions about classes?? Call Beth at 315-427-9393 Or Monthly for Class Options Below

Boot Camp

DATES: Monday-Friday mornings

Morning Cardio

Dance

DATES: Mon. Wed. & Fri.

SESSION 1: October 2024

SESSION 2: November 2024

SESSION 3: December 2024

LOCATION: Parks & Rec. Dept.

AGES: All adults 18 and older.

\$42.00 (non-residents)

DETAILS: This is a total body

workout with simple dance and

cardio moves that are super fun!

All you have to do is show up,

guaranteed a good time! Wear

comfortable clothes and athletic

shoes. Bring a bottle of water and

a hand towel. Instructors are

and

you're

TIME: 7:45 to 8:30 am

FEE: \$37.00 (residents)

moving

Beth Zecher and her staff.

keep

<u>Forever Fit</u>

DATES: Tues. and Thurs. mornings SESSION 1: October 2024 SESSION 2: November 2024 SESSION 3: December 2024 LOCATION: Parks & Rec. Dept. AGES: All adults 18 and older. TIME: 7:45 to 8:30 am

FEE: \$37.00 (residents) \$42.00 (non-residents)

DETAILS: This 45-minute strength class will improve your strength, balance, coordination, agility and flexibility. You will enjoy a supportive and friendly environment with people just like you. Bring your enthusiasm, a towel and a bottle of water. Get ready to have some **FUN** that will keep you coming back for more. Instructors are Beth Zecher and her staff.

<u>"Night Fitness</u> Choose Your Class"

If unlimited doesn't work for you, you now have the option to choose the class you want to attend each month.

Classes include: PIYO, YOGA, Soul Kickboxing, PM Cardio Dance, LIFT, Boot Camp. The class you choose would meet 2 x per week for 1 month. Class days and times are posted on the website monthly. Please note times and days may vary from month to month. Instructors are Beth Zecher and her staff.

If you prefer **Saturday Only** you can do all 3 Saturday morning classes for this price.

<u>Cost for this option is:</u> \$37.00 (residents) \$42.00 (non-residents)

SESSION 1: October 2024 SESSION 2: November 2024 SESSION 3: December 2024 LOCATION: Parks & Rec. Dept. AGES: All adults 18 and older. TIME: 6:00 to 6:30 am FEE: \$65.00 (residents)

\$75.00 (non-residents)

DETAILS: Experience the power of community-driven fitness with our boot camp program. Our dynamic workouts, combine cardio, strength training, and functional exercises in a supportive group environment. Joining our boot camp not only offers a pathway to improved endurance and strength but also fosters a sense of camaraderie and support among participants. Together, we push boundaries, celebrate victories and empower each other to reach new heights in our fitness journeys

Fee: \$65.00 (resident) \$75 .00 (non-resident)

Fall 2024

Adult Programs

Fall 2024

Outdoor Adult Pickleball

DATES: Ongoing thru end of September **FEE: Free** LOCATION: Sullivan Park Tennis Courts AGES: Adults age 18 and over TIME: 9:00 am to 12:00 pm DETAILS: Looking to play pickup pickleball during the fall? We will have 3 courts available at the Sullivan Park Tennis Courts. Want to give it a try? We can provide limited rackets and balls.

Saturdays Indoor Adult Pickleball

DATES: Saturdays,

October 5 to December 28 LOCATION: Lake Street Gym AGES: Adults age 18 and over TIME: 2:00 to 4:00 pm CLASS SIZE: Maximum 20

FEE: \$20.00 (residents)

\$25.00 (non-residents)

DEADLINE: October 1 at noon or until full, if spots allow late registrants can contact office.

DETAILS: Looking to play pickup pickleball during the winter? We will have two courts available at the Lake St. Gym. Want to give it a try? We can provide limited rackets and balls.

Reminder...

When the Chittenango School District cancels after-school activities, the Town of Sullivan Parks & Recreation Department's Programs are also cancelled.

Fall Adult Golf Program

DATES: Wednesdays, September 4 to September 25 LOCATION: Four Seasons 8012 E. Genesee St. Fayetteville AGES: Ages 14 and older TIME: 5:30 or 6:30 pm FEE: \$125.00 (resident) \$135.00 (non-resident)

DEADLINE: September 3 at noon DETAILS: Enjoy four weeks of one hour golf lessons covering all aspects of the game. Fee includes balls and clubs.

Healthy Heart Indoor

Walking Program

DATES: Mondays thru Thursdays October 21 through March 27 LOCATION: Chittenango High School **OR** Bridgeport Elementary AGES: Adults age 18 and over TIMES: 6:00 to 8:00 pm **FEE WITH T-SHIRT: \$15.00 (residents) \$20.00 (non-residents) \$20.00 (non-residents) \$15.00 (non-residents) \$15.00 (non-residents)** DEADLINE: Registration is ongoing DETAILS: Membership fee includes t-shirt

DETAILS: Membership fee includes t-shirt if registered by January 20th. Open program where members walk up to four evenings a week by signing in and out nightly. Try it free, if you enjoy the program, join the club and improve your health by walking at the safe, clean, warm school. Walking permitted on 2nd floor of H.S. only and the marked route at Bridgeport School. Fee covers one location only.

Weekdays Indoor Adult

Pickleball

DATES: Mondays and Wednesdays October 2 to December 30 LOCATION: Lake Street Gym AGES: Adults age 18 and over TIME: 9:00 am to noon CLASS SIZE: Maximum 20 FEE: \$25.00 (residents)

\$30.00 (non-residents)

DEADLINE: October 1 at noon or until full, DETAILS: Looking to play pickup pickleball during the winter? We will have two courts available at the Lake St. Gym. Want to give it a try? We can provide limited rackets and balls.

Seasoned Open Recreation Basketball

DATES: Mondays,

October 21 to December 16 TIMES: 8:00 to 10:00 pm until 11/4 After 11/4 9:00 to 10:30 pm LOCATION: Lake Street Gym

AGES: Adult 30 and over

FEE: Fall Session:

Package 1: Oct.—Dec. \$20.00 for 5 passes Package 2: Oct.—Dec. \$40.00

(Package 2 includes 3 guest passes) NOTE: Guest passes can only be used during the session in which they were purchased.

DEADLINE: Registration is ongoing at the Parks and Rec. Dept. or on our website at https://sullivan.recdesk.com

DETAILS: The gym is open for informal play for residents of the Town of Sullivan. All players must pay in advance and sign in weekly. School functions have priority at all times. Supervisor is Rick Rohrer.

Adult Programs

Chess Club

DATES: Monday Evenings TIMES: 6:30 to 8:00 pm LOCATION: Parks & Recreation Dept. Legion Room AGES: Teens and Adults age 16 and over

FEE: Free! Bring your own chess set REGISTRATION DEADLINE: Ongoing, register nightly!

DETAILS: Enjoy the challenges of playing chess against new opponents by joining the chess club. Players of all skill level are encouraged to attend. Beginners are welcome. Contact John Wolf at 315-687-3356 or SullivanChess@gmail.com.

Mahjong

DATES: Tuesdays, Beginning on October 8 NOTE: No program on November 5 LOCATION: Parks & Recreation Dept. AGES: Adults TIME: 12:00 pm

FEE: FREE-Must pre-register

DETAILS: Come join us to play Mahjong! We will provide the sets and cards. If you are new to the game and are looking for instruction, please contact Lisa Keller at 315-687-3471 for information.

Medicare 101 Class

SESSION 1: Tuesday, September 24 SESSION 2: Tuesday, October 22 SESSION 3: Thursday, November 14 LOCATION: Parks & Rec. Legion Room TIME: 6:00 to 7:00 pm

FEE: FREE—Pre registration required

DETAILS: Are you turning 65? Do you have questions about your current Medicare policy? Are you confused about what you need to do when you retire? Join local advisors that will answer your Medicare questions ranging from how you get on to Medicare to current year updates to the Medicare program. Get your questions answered regarding local programs that control the cost of your medications, as well as your medical costs for care. Presenters are independent and not employed by any insurance companies. Instructor is Mark Farsaci.



Witch Caldron Door Sign

Wall Hanging

DATE: Tuesday, October 1 LOCATION: Painted Goose 160 Canal Street, Canastota AGES: 14 and older TIME: 6:00 to 8:00 pm FEE: \$30.00



Fall 2024

DEADLINE: September 27 at noon

DETAILS: Join Lisa Mahon as she takes you step by step to create large silly shaped caldron with color choices and sayings of your choice!

Scarecrow Circle Paint Door Hanger

DATE: Monday, November 4 LOCATION: Painted Goose

160 Canal Street, Canastota AGES: 14 and older

TIME: 6:00 to 8:00 pm



FEE: \$35.00

DEADLINE: October 30 noon

DETAILS: Join Lisa Mahon and create this wall hanging or door hanging piece to add some fun to your Fall décor! No experience necessary.

Winter Landscape Painting on Wooden

Circle Door Hanger

DATE: Monday, January 13 LOCATION: Painted Goose

160 Canal Street, Canastota AGES: 16 and up

TIME: 6:00 to 8:00 pm FEE: \$35.00



velcome

DETAILS: Join Lisa Mahon and learn how to paint trees and learn different paint techniques to create this door or wall hanging piece!



Adult Cooking, Baking & Craft Classes

Tagliatelle al Pesto

DATE: Friday, September 27 LOCATION: Parks & Recreation Kitchen AGES: 16 and older TIME: 5:30 to 7:30 pm EARLY BIRD FEE: \$55.00 (residents) \$65.00 (non-residents)

Fee after September 17 add \$10.00 DEADLINE: September 25 at noon DETAILS: Join this immersive cooking class and uncover the secrets of crafting exquisite basil pesto from scratch, bringing a taste of Italy to your kitchen. You'll learn to make authentic pesto alla Genovese. Next, master the art of fresh egg tagliatelle pasta. From kneading the dough to rolling and cutting it into delicate strands, you'll create pasta entirely from scratch. By the end of the class, you'll have the skills to make both the pesto and the pasta, ready to impress your family and friends with this authentic Italian dish. Every participant will leave with a dish of Tagliatelle al Pesto. Angela Voelk is the instructor.

Christmas Cookie Decorating

DATE: Sunday, December 8 LOCATION: Parks & Recreation Kitchen AGES: 16 and up TIME: 1:00 to 3:00 pm EARLY BIRD FEE: \$60.00 (residents) \$70.00 (non-residents)

Fee after November 26 add \$10.00 DEADLINE: December 2

DETAILS: Get in the holiday spirit with the Grinch! Learn how to decorate cookies with royal icing in this step-by-step decorating class. You'll learn to pipe, flood, and add details to five Grinch-themed cookies. No decorating experience necessary. All tools are provided for you to use in class. Your heart will grow three sizes when you see your completed cookies! Instructor is the Casey Peters.

Sourdough Bread Baking

DATE: Friday, October 11 LOCATION: Parks & Recreation Kitchen AGES: 16 and older TIME: 5:30 to 7:30 pm EARLY BIRD FEE: \$60.00 (residents) \$70.00 (non-residents) Fee after September 27 add \$10.00

DEADLINE: October 9 at noon DETAILS: Dive into the world of sourdough! Join Angela Voelk of Food Point for a hands-on class tailored for bread enthusiasts interested in learning the art of sourdough baking in a fun atmosphere. This class offers an excellent opportunity to simplify the intimidating process of sourdough baking.

What You'll Learn:

Sourdough Starter Care: How to feed and maintain your starter. Baking Techniques: From mixing to kneading, shaping, and scoring;

Fermentation Science: Understanding the fermentation process for perfect loaves; Baking Your Bread: Each attendee will bring home their own shaped loaf to <u>bake</u> at home.

What's Included: Engaging, hands-on class; Pre-work guide for baking preparation; Sampling of fresh baked sourdough bread; Your own sourdough starter and jar; A tea towel and simple bamboo basket for your baking needs; Dough creation to bring home and bake at home.

Halloween Cookie Decorating Class

DATE: Sunday, October 27 LOCATION: Parks & Recreation Kitchen AGES: 16 and up TIME: 1:00 to 3:00 pm EARLY BIRD FEE: \$60.00 (residents)

\$70.00 (non-residents)

Fee after October 11 add \$10.00 DEADLINE: October 22 at noon DETAILS: Get into spooky mode with Halloween cookie decorating. We'll be decorating five Halloween-themed cookies with royal icing. All the baking, icing making, tinting and bag filling is done for you so you can enjoy the fun part. You'll be walked through the decorating process step-by-step and learn new techniques along the way. No decorating experience necessary and all tools will be provided for you to use in class. Instructor is Casey Peters.





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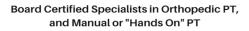


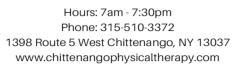


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- Low back pain
- Neck pain and Whiplash
- Tendonitis
- Muscle Strains
- Pre and post surgical
- Post fractures
- Pinched nerves/Sciatica

- Peripheral neuropathy
- Balance disorders
- Vertigo
- Pelvic pain
- Pelvic floor dysfunction
- Incontinence
- Joint Replacements











Town of Sullivan Parks & Recreation Dept. * 315-687-3471 * https://sullivan.recdesk.com

Senior Programs

S.N.A.C.K. Luncheon

DATES: Mondays and Fridays LOCATION: Parks & Recreation Dept. TIME: Meals served at 11:30 am FEE: \$3.50 (Suggested Contribution)



DEADLINE: Call in to Robin at Parks & Recreation two days ahead or call Vicki Cain, site manager at 315-

687-5368 one day ahead. DETAILS: S.N.A.C.K. program is running on Mondays and Fridays at 11:30 am. A hot lunch is offered by the Madison County Office for the Aging for a suggested donation of \$3.50 per person. New participants are welcome. On Fridays, pitch games are held after lunch. Vicki Cain is the site manager. Call Robin at the Parks & Recreation Office if you are interested. Monthly menus are available.

Recreational Card Playing



DATES: Fridays, year round LOCATION: Parks & Recreation Dept. TIME: 12:15 am to 4:00 pm

FEE: Free

DETAILS: Enjoy lively pitch and pinochle games in a fun, informal group. New players are welcome to join and socialize. No advance registration needed.

Bone Builders Class

MEETING DATE: Every Tuesday & Friday LOCATION: Parks & Recreation Dept. TIME: 9:30 am PROGRAM DATES: Tuesdays and Fridays year round LOCATION: Parks & Recreation Dept. TIME: 9:30 to 10:30 am

FEE: FREE

DETAILS: Classes are designed to help prevent and diminish the effects of osteoporosis and reduce bone loss through strength training exercises. Beginners will be integrated into the existing class. Class is currently full but you can put your name of a waiting list. Call Robin at 315-687-3471, ext. 12 for more information. Sponsored by RSVP of Madison County.

Jigsaw Puzzle Exchange

We have a jigsaw puzzle exchange going on at the Parks & Rec. Dept. This is how it works: People bring in puzzles and people take puzzles. There are always several to choose from! We currently have a large selection of puzzles on hand.

AARP Defensive Driving

<u>Classes</u>

SESSION 1 Saturday, September 21 SESSION 2 Monday, October 21 SESSION 3: Saturday, November 16 SESSION 4: Monday, December 9 LOCATION: Parks & Recreation Legion Room, Chittenango



Fall 2024

TIME: 8:45 am to 3: 00 pm

Arrival by 8:30 am

FEE: \$25.00 members of AARP (checks made payable to SCC)

\$30.00 non-members of AARP (checks made payable to SCC) DEADLINE: 1 week before each session.

DETAILS: A Defensive Driving course for all drivers age 50 and over offered by AARP. Successful completion entitles participants to discounts on insurance and a point reduction. Lunch will be available for a donation or you can bring a bagged lunch. Please bring your membership card to class. Instructor is Joe Gaiser.

Recreational Bowling League

DATES: Tuesdays, September 3 thru

May 2025 LOCATION: Green Lakes Lanes, Route 5 TIMES: 9:00 to 11:00 am Warm ups begin at 8:45 am



FEE: \$11.00 per week, includes "kitty" REGISTRATION: Weekly at the alleys. DETAILS: Fun co-ed bowling for all

levels. Sign in each week. Tom Bundle is league secretary and Marge Bundle is the treasurer & social coordinator.

NOTE: Bowling will not be held on days when Chittenango Schools are closed for bad weather or at the discretion of the Alley management.

Coffee Hours Are Back!

DATES: Thursdays, 1st and 3rd of each month starting on September 5th.

. TIME: 10:00 am

FEE: Free

DETAILS: The Sullivan Seniors host a free coffee hour at the Parks & Recreation building. Join us for coffee or your drink of choice, as we enjoy refreshments such as donuts and a chance to socialize! Special guests are also invited to share their unique life experiences.



Senior Citizen Dinners & Trips

Movie & Desserts

DATE: Wednesday, September 18 TIME: 1:00 to 3:30 pm LOCATION: Park & Rec Building FEE: FREE for members of LTC

\$5.00 for non-members and guests

DEADLINE: Sign up by September 16 DETAILS: Join us for the comedy <u>"Grumpy</u> <u>Old Men"</u> starring Walter Matthau, Jack Lemmon and Ann Margret. There will be popcorn and assorted desserts provided by the LTC.

Turkey Feast

DATE: Wednesday, November 20 TIMES: 11:30 am to 2:30 pm LOCATION: Theodore's Restaurant,

Canastota

FEE: \$20.00 for members of LTC

\$25.00 for non-members and guests RESERVATIONS: Sign up by November 9 DETAILS: LTC annual luncheon featuring turkey and all the "fixing's" sponsored by the Leisure Time Club and held at Theodore's! Entertainment enthusiastically provided by the CCS High School Dixie Land Band after lunch.

Judy's Out to Lunch Bunch

DATE: Wednesday, September 25 Denney's (Oneida) Wednesday, October 30 Olive Garden (Dewitt)

TIME: 11:30 am

FEE: Separate Checks

DEADLINE: Must call Parks & Rec. Dept. at 315-687-3471 by Friday before or make your reservation online at https:// sullivan.recdesk.com.

DETAILS: Meet other lunch bunch enthusiasts once a month for an informal meal out. The group decides their lunch locations. Everyone has a separate check.

LTC Annual Holiday Party

DATES: Wednesday, December 11 TIMES: 11:30 am to 3:00 pm LOCATION: Theodore's Restaurant, Canastota

FEE: \$20.00 members of LTC \$25.00 for non-members

Toys and Food Cupboard donations accepted.

RESERVATIONS: Checks made out to SCC by December 8

DETAILS: The LTC returns to Theodore's for another holiday get together that can't be beat! A buffet luncheon will be followed with holiday entertainment., the popular basket raffle and club recognition. There will also be cake!

Harvest Luncheon & Recognition Day

Fall 2024

DATE: Wednesday, October 16 TIME: 11:30 to 2:30 pm LOCATION: Parks & Recreation Building FEE: \$15.00 members of LTC

\$20.00 non-members

DEADLINE: Sign up by Friday, October 11 DETAILS: Every year since 1993 we honor one of our local Town residents by naming them "Senior of the Year" A buffet lunch will be featured. Entertainment by Tom Reitano.

"LIGHTS" on the Lake

SESSION 1: Monday, December 2 SESSION 2: Monday, December 9 SESSION 3: Tuesday, December 17 BUSING: Parks & Recreation Bus DEPART: Parks & Rec. Building at 4:30 pm FEE: \$5.00 (residents)

\$10.00 (non-residents)

DEADLINE: Until Full. 1st come, 1st served Minimum 5, Maximum 12 passengers DETAILS: The Parks & Recreation van will be transporting seniors to the "Lights on the Lake" display at Onondaga Lake Park with a stop for dinner on your own at Heid's of Liverpool. Groups will meet at the Parks & Recreation building unless other pick up locations are requested by the participants.



Senior Trips & Registration Form

Dial "M" For Murder

DATE: Wednesday, October 23 BUSING: Charter Coach TIME: 11:00 am DEPARTS: Parks & Recreation FEE: \$95.00 (residents) \$100.00 (non-residents) DEPOSIT: \$25.00 due at sign up

DEADLINE: Sign up by Friday, September 13 or until all seats are filled.

DETAILS: Enjoy luncheon buffet at Phoebe's Garden Café and then sit back as Syracuse Stage presents a new intriguing production of "Dial M for Murder".

The Windmill Craft and

Farm Market

DATE: Saturday, October 26 NOTE: This is a date change BUSING: Charter Coach DEPARTS: Park & Recreation Dept. at 8:30 am

FEE: \$15.00 (residents)

\$20.00 (non-residents)

DEADLINE: Sign up by October 18 or until all seats are filled

DETAILS: The Windmill serves as an outlet for local producers and craftsmen. Now in its 35th year, The Windmill plays host to nearly 200 shops so you're sure to find something for everyone. Pick up some fresh produce then set out to explore the many shops. A stop will be made at Sauder's Amish Market on the way home.

Best of Madison County for the Holidays

DATE: Wednesday, December 18 BUSING: Charter Coach DEPARTS: Parks & Recreation Dept at 8:30 am FEE: \$90.00 (residents)

\$95.00 (non-residents)

DEPOSIT: \$25.00 due at sign up DEADLINE: Sign up by November 25 or until all seats are filled.

DETAILS: Enjoy the warmth of Lorenzo at Christmas. The mansion is decorated in Victorian style. Lunch included at the Colgate Inn in Hamilton with a stop at Nelson Farms and Critz Farms. Finish the day at the Owera Vineyards for wine tasting.

Senior Program Registration Form			
Name/Names:	Phone:		
Address:	E-mail:		
Emergency Contact Name:	Phone:		
LTC 2024 Dues - \$15.00 Movie & Desserts - September 18-FREE for members/\$5.00 others Harvest Luncheon - October 16 - \$15.00 members/\$20.00 others The Windmill Farm Market - October 26 - \$15.00 residents/\$20.00 others Dial "M" For Murder-October 23 \$95.00 residents/\$100 all others Lights on Lake Van Trips—DATE\$5.00 residents/\$10.00 others AARP Driving Class—SESSION\$25.00 member of AARP, \$30.00 non-members of AARP			
Judy's OTL Bunch—DATE Turkey Feast—November 20—\$20.00 members/\$25.00 others LTC Holiday Party—December 11—\$20.00 members/\$25.00 others Best of Madison Country for the Holidays—\$90.00 residents/\$95.00 others Coffee Hour—DATE			
ALL CHECKS PAYABLE TO S.C.C. Contact us if you wish to pay with credit card.			

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American Legion Post 1287 American Legion Auxiliary Sons of the American Legion Marine Corps League Veterans of Foreign Wars Post 8829



Visit www.chittenangonyveterans.webs.com or call 687-7069

Parties and Family Functions

The Legion Room and Kitchen at the Veterans Memorial Parks & Recreation Building are available for parties and family functions. Reservations required. Contact the Parks & Recreation office at 687-3471 for further information.



YOUTH & ADULT REGISTRATION FORM

ADULT PARTICIPANT-PARENT/GUARDIAN INFORMATION

Name	Phone (Cell)	(Home)	(Work)	
Name	Phone (Cell)	(Home)	(Work)	
Address	City	Stat	te	_Zip:
E-mail Address(s)				

Would you like to receive informational emails regarding upcoming programming and events? YES ______NO ____

Emergency Contact Name-(NOT in same household)	Phone Number	Relationship

Would you be interested in volunteering or coaching?_____

Are you a Town of Sullivan Resident?_____

T-SHIRT SIZES ARE - YM; YL; AS; AM; AL; AXL; AXXL

Participant Name	Birthdate	Grade	Shirt	Program Name	Session	Fee
(Youth or Adult)		(Youth only)	Size		Date	

Name of Authorized Person (In addition to Parents) to Pick Up Child	Phone Number	Relationship

Release of Minors: I, the undersigned, give complete permission to the below named person(s) to participate in the Town of Sullivan/SCC program listed below, and certify that all information on this form is complete and accurate. As the parent/guardian of the below named minor(s), I hereby give my consent for emergency medical care prescribed by a duly licensed Doctor of Medicine. This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of my dependent.

Adult Program Release: I hereby certify with my signature below that I will accept full responsibility and intend to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages I may have against the Town of Sullivan, Sullivan Community Council, Chittenango Central School District, volunteers, employees, building supervisors, program supervisors, assignees and agents for all injuries suffered by me in said program. I acknowledge that the Town of Sullivan Parks & Recreation Dept. strongly recommends that I have a complete physical examination (at my own expense) to determine my fitness to participate and I assume full responsibility for possible consequences if this is or is not done. I also attest and verify that I am physically fit to participate in the below named program.

Statement of current medical conditions, allergies or medications:

Do you need special accommodations?

Photographs may be taken of recreation programs and used for marketing purposes. Initial if you do NOT authorize:

REFUND POLICY No refunds will be given if requested after the program start date. If a refund is requested before the program start date, the refund amount will be prorated depending on how much cost has already been incurred to the program.

Convenience/processing fees associated with credit card payments cannot be refunded, even if a program is cancelled by the department.

SIGNATURE:	DATE:
OFFICE USE ONLY: Amount Collected:Method of Payment: cash	CHECK PAYABLE TO SCC credit card Staff Initials:
CREDIT CARD INFORMATION: *All credit card transactions will be charged a 3% cancelled by the department.	convenience fee. This fee is not refundable, even if a program is
Name on Card:	Billing Zip Code:
Card Number:	Exp. Date: Sec Code:

Town of Sullivan Parks & Recreation Dept. * 315-687-3471 * https://sullivan.recdesk.com

Join us October 13 at Sullivan Park for the: **PUMPKIN RUN**

The Chittenango Cross Country team will be setting up a ~1 mile course, for a FREE race open for kids grades K-6. Race will start at noon by softball field. Goody bags for everyone, top finishers at each grade will get a prize.

PUMPKIN DECORATING

Anyone registered to run will have the opportunity to decorate their own pumpkin that can be picked up after the Pumpkin Run event. Must pre-register @ sullivan.recdesk.com Sullivan Community Council 707 Legion Drive Chittenango, NY 13037 Non Profit Organization US Postage Paid Syracuse, NY PERMIT NO. 208

ECRWSS Residential Customer





Bring the family to the Bridgeport Methodist Church for this years tree lighting!

Saturday, December 7th 5:00 to 6:00 pm

There will be refreshments, entertainment and activities for the kids. Celebrate the start of the holiday season with us as we officially flip the switch to light the tree!

> The Tree lighting event is co-sponsored by Sullivan Community Council, Bridgeport-Lakeport Civic Organization, Bridgeport United Methodist Church.



The Town of Sullivan

are happy to announce the annual 2024

Holiday Lighting Contest

Register your light show by noon on December 6th to be included in the "Tour of Lights"

Vote for your favorite lighting display during the "Tour of Lights" December 6th thru 12th.

> Prizes will be awarded The week of December 16th.

Details can be found on our website at http://sullivan.recdesk.com and our facebook page www.facebook.com/sullivanrecreation/