



SULLIVAN LEISURE TIME CLUB

SUMMER EDITION - 2015

Tell a friend about the LTC, or better yet, bring a friend

Dear Fellow Members!

I think maybe our nice weather is finally here. Be sure that you include some of our summer activities in your busy schedules. Our annual June Picnic at Sullivan Park is on June 17th with something really different for our program. In July, the summer supper is being held at the Canal Museum on Lakeport Road. This should be both informative and interesting. The popular Chapman Park chicken b-b-q is being held on August 12. I also hope to see many of you on our day trips that are coming up. Get well wishes to: Joe Gaiser, Eleanor Bajohr, Carole Lang, Nelson Warren, Armand Hebert, Doris Curinga, Betty Bougor, Vicki Roberts, and anyone else that I don't know about yet!!

*** Be careful, stay safe, and keep healthy!! ***

Your LTC President Theresa Combs



ROBIN'S

ANNOUNCEMENTS

The senior citizen bus trip schedule through the end of the year is included in this newsletter. Some trips fill up quickly, some not so quickly. Either way I need to know if we have enough to run a trip 35 days in advance. Oh!! And a reminder: I need all your payments in a timely manner. Our picnics and luncheons are pretty popular so be sure to call in your reservations so we can set up for enough people.

HATS OFF TO:

The Chittenango Lions Club! The Lions cooked up another roast beef dinner on Senior Recognition Day, April 26, and over 130 dinners were served! Special thanks to Doug French, the chairman of the event, and to all the Lions club members who worked so hard to provide a wonderful meal.

Thank you Chittenango Lions Club!



JIGSAW PUZZLE EXCHANGE

Our jigsaw puzzle exchange is still going strong at the Parks & Recreation Office. This is how it works. People bring in puzzles. People take puzzles. There are always several to choose from! That's it. No need to buy new puzzles, just take one from the puzzle exchange! We'll keep it going for as long as people are interested!

SUMMER CONCERTS

(New day, new time, new location)

The Chittenango concerts are being held at 6:00 to 8:00 pm on Tuesdays this summer at Dr. West Park. They go on for eight weeks starting June 30th with "The Other Guise". The Chapman Park concerts are on Mondays from 6:30 to 8:30 pm starting July 6th with the "Coachmen" Bring your lawn chair and enjoy the summer!!

P.S.

The Chittenango Farmers market is also going on from 4:00 to 8:00 pm every Tuesday.

COMING EVENTS

“AARP” DEFENSIVE DRIVING CLASS

DATES: June 20, July 18, Aug. 15, Sept. 19, Oct. 17

LOCATION: Sullivan Parks & Rec. Office

TIME: 9:00 am to 3:00 pm

FEE: **Checks only.** \$20.00 with copy of membership card payable to: AARP
\$25.00 non-members payable to: AARP

DETAILS: A Defensive Driving course for all drivers age 50 and over offered by AARP. Successful completion entitles participants to discounts on auto insurance and a point reduction on NYS driver licenses. Joe Gaiser is the instructor. Lunch is offered for a small donation.

BRIDGEPORT CLASS OFFERED

DATE: Tuesday, November 10

LOCATION: Fisher Bay Restaurant

TIME: 10:00 am to 4:30 pm

FEE: **Checks only.** \$20.00 with copy of membership card payable to: AARP
\$25.00 non-members payable to: AARP

DETAILS: Sherry Menninger is the instructor. Lunch may be ordered from the restaurant.

JUDY’S OUT TO LUNCH BUNCH

June 24: China Buffett, Dewitt

July 29: Borio’s - Cicero

August 26: Flo’s Diner - Route 31

September 23: Knotty Pine - Wampsville

October 28: Fisher Bay Restaurant –Bridgeport

TIME: 11:30 am

FEE: Order from the menu

REGISTRATION: Please call in so we can have a count for the restaurants.

DETAILS: Meet other lunch bunch enthusiasts once a month for an informal meal out. Everyone has a separate check. The SCC van is available to transport people who need a ride. (Except July) Contact Robin at 687-3471 to make a van reservation. The group does not meet in November or December.

SULL-i-VAN-of-Fun SHOPPING TRIPS

DATES: Thursdays, June 11, 18, 25 and September and October as needed.

DEPARTURE TIMES: 9:00 am or 1:30 pm

FEE: \$3.00 per person

REGISTRATION: 1st come 1st served

MINIMUM: 3 passengers each trip

DETAILS: The Parks & Recreation van will be transporting seniors to the Regional Market, Wal-Mart, Wegman’s, Aldi’s, area malls & shopping centers for shopping. Group meets at the Parks & Recreation office unless other locations are requested by the riders

THE FANCY HAT LADIES: The hat ladies have planned several outings and activities throughout the summer. Call Betty Gillette at 687-9219 for details.

SENIOR ACTIVITIES:

LEGION SPAGHETTI DINNERS:

DATES: Thursdays June 18, July 16, August 20, September 17, October 15

LOCATION: Parks & Recreation Building

TIME: Meals served from 4:30 to 6:30 pm

FEE: \$8.00 adults, \$7.00 seniors, \$6.00 kids ages 5 to 12 per person

DETAILS: The dinners include spaghetti and meatballs, chicken parm., baked ziti, toss salad, bread, beverages and dessert. The July dinner is being held in the Veterans side of the building and is sponsored by the Marine Corps. League.

S.N.A.C.K. PROGRAM

DATES: Mondays, Tuesdays, Fridays year round

LOCATION: Parks & Recreation Building

TIME: Meals served at 11:30 am

FEE: \$3.50 donation per person

RESERVATIONS: Accepted one day in advance by calling the site at the Recreation Office

DETAILS: A hot nutritious noon meal is offered to all residents ages 60 and over. Monthly menus are available. Home delivered meals are also offered.

SUMMER BOWLING

DATES: Tuesdays, until June 19

Thursdays until Sept. 3

LOCATION: Green Lakes Bowl, Route 5

TIME: 9:00 to 11:00 am

Warm ups begin at 8:45 am

FEE: \$1.25 per game

REGISTRATION: Each week at alleys.

DETAILS: Green Lakes Bowl is open for informal mixed bowling. No records will be kept. The Senior Bowling league begins on Tuesday, September 8.

“ZUMBA” GOLD

A senior version of “Zumba” exercise class is held on Monday, Wednesday, and Saturday mornings at the Parks & Recreation building from 8:00 to 8:45 am. Cost is \$25.00 for six weeks. A new session starts on June 8th. Call for details!!

“Bone Builders” OSTEOPOROSIS PREVENTION CLASSES

Weight bearing exercises are stressed in this ongoing osteoporosis prevention class. We have two sites: The Parks & Recreation building and the Bridgeport Methodist Church. There is a waiting list for the Chittenango class, new members are being accepted in the Bridgeport Class. Call for details.

“FOREVER FLEXIBLE” and “FOREVER STRONG”

Flexible is a 30 minute class designed to improve range of motion, posture, mobility and improve balance! Strong is a 30 minute muscle toning and strength exercise class. Classes are Tuesday and Thursday mornings from 7:45 to 8:45 am at the Parks & Recreation building. Cost is \$20.00 per class. A new session starts on June 2nd. Call for details!!

ONE DAY TRIPS:

“WEST SIDE STORY”

Merry Go Round Playhouse

DATE: Wednesday, June 10

BUSING: School bus

DEPART: Parks & Recreation at 9:45 am

Bridgeport Church at 10:00 am

FEE: \$62.00 per person

RESERVATIONS: Trip is full. A waiting list is being formed.

DETAILS: Set in NYC in the mid 1950's W.S.S. is the modern adaptation of Romeo and Juliet. There are wonderful songs including “Maria”, “I feel Pretty”, and “Only in America”. Lunch is included at the Spring Side Inn. Menu choices are: stuffed chicken, sliced sirloin, or baked ham.

MYSTERY TRIP

DATE: Wednesday, July 8

BUSING: Chartered Coach

TIME: Depart Recreation Office at 7:00 am.

Bridgeport Methodist Church at 7:15 am

FEE: \$59.00 per person

RESERVATIONS: By June 9 or until seats are full

DETAILS: This is another adventure for all our travelers who like to guess where they are going. Be ready for a fun day out. There will be some walking. Shoes are recommended. Only Robin knows why you shouldn't go bare footed.

CORTLAND COUNTRY MUSIC PARK – “ELVIS” is in the building

DATE: Thursday, August 20

BUSING: Quality Tours Charter Coach

TIME: Depart Bridgeport Methodist Church at 10:30 am

Depart Parks & Recreation Office at 10:45 am.

FEE: \$45.00 per person

RESERVATIONS: accepted until July 20 or all seats are full

DETAILS: First stop is the NYS Country Music Hall of Fame for a self-guided tour. Inside the music hall there is dancing before the luncheon that features roast turkey and all the trimmings. After lunch sit back and enjoy a tribute to Elvis Presley performed by Tom Gilbo and the “Blue Suedes”

STATE FAIR BUS

DATE: Monday, August 31

BUSING: CCS School bus

TIME: Depart Recreation Office at 9:00 am.

Bridgeport Methodist Church at 9:15 am

FEE: Free

RESERVATIONS: accepted until seats are full

DETAILS: Take advantage of free school bus transportation to the NYS Fair and free admission for Senior citizens Day at the Fair. Return at 4:00 pm.

AND...MORE TRIPS

ROCK ISLAND CRUISE

DATE: Wednesday, September 9

BUSING: Chartered Coach

TIME: Depart Recreation Office at 7:45 am.

Bridgeport Methodist Church at 8:00 am

FEE: \$69.00 per person

RESERVATIONS: by August 10 or until seats are full

DETAILS: Our coffee break is included at the Clayton Pavilion. We meet our guide for a walking history tour with lunch on the shore of the St. Lawrence River. Choices are: Cheeseburger plate, Chicken salad plate, Turkey sandwich plate, Ham sandwich plate, or Grilled chicken sandwich plate. Please choose when making your reservations. Next, is a cruise on a glass bottom boat going to Rock Island. There will be free time in Clayton in the afternoon.

HUDSON VALLEY FOLIAGE & WEST POINT TOUR

DATE: Wednesday, October 14

BUSING: Chartered Coach

TIME: Depart Bridgeport Methodist Church at 7:00 am

Parks & Recreation Office at 7:15 am.

FEE: \$89.00 per person

RESERVATIONS: by September 14 or until seats are full

DETAILS: Valid Photo ID (driver's license, passport, non-driver ID) is required for admittance to the campus. Lunch is a buffet at the Hotel Thayer. Then our guide takes us for an interesting tour of the West Point campus including the chapel and parade grounds. We will stop for afternoon treats in the rose gardens of the Boscobel estate on the way home.

WINE and Wimsey AT MACKENZIE CHILDS

DATE: Wednesday, November 4

BUSING: Chartered Coach

TIME: Parks & Recreation Office at 7:45 am.

Depart Bridgeport Methodist Church at 8:00 am

FEE: \$58.00 per person

RESERVATIONS: by October 1 or until seats are full

DETAILS: We depart for Aurora on Cayuga Lake. First stop is Mackenzie Childs where a bit of wimsey is brought into every piece designed there. Tour the farmhouse and stop in the design shop. Lunch is at the Aurora Inn on the lake where they are famous for cooking with fresh local ingredients. Choices are chicken and biscuits, roasted loin of pork, or seared salmon. After lunch is a stop at the Long Point winery for a tasting.

CHRISTMAS "POPS"

DATE: Friday, December 18

BUSING: CCS School Bus

TIME: Depart Parks & Recreation Office at 4:00 pm.

Bridgeport Methodist Church at 4:15 pm

FEE: \$36.00 per person

RESERVATIONS: by November 13 or until seats are full

DETAILS: Join the Syracuse "Symphoria" for a live Christmas performance at the Civic Center. Dinner is on your own at the Cracker Barrel restaurant.



**Sullivan Leisure Time Club
707 Legion Drive
Chittenango NY 13037**

2015 TOWN OF SULLIVAN BUS TRIPS AT A GLANCE

**MARCH 19:
"Phantom of the Opera"**

**MAY 15 to 17:
Washington D.C.**

**JUNE 10:
Merry Go Round Playhouse
"West Side Story"**

**JULY 8:
MYSTERY TRIP**

**AUGUST 20:
Cortland Country Music Park**

**AUGUST 31:
STATE FAIR BUS**

**SEPTEMBER 9:
1000 Islands Rock Island Cruise**

**OCTOBER 14:
Hudson Valley and West Point**

**NOVEMBER 4:
Aurora and MacKenzie Childs**

**DECEMBER 18:
Syracuse Symphony "Pops"**